## Curriculum Vitae

## Prof. Ass. Dr. Petrit Begiri

Name Petrit Beqiri

Date of birth 27.04.1972
Nationality Kosovo

Office Address College Heimerer

Veranda D4, Entrance C and D, Kalabri Neighborhood, (Veternik Road), 10000

Pristina, Kosovo

E-mail naime.brajshori@kolegji-heimerer.eu

Mobile +383 44 845 045

Home Address Veranda D4, Entrance C, Kalabri Neighborhood,

(Veternik Road), 10000 Pristina, Kosovo

Academic Title Doctor Rerum Medicarum, Faculty of Medicine, Institute

of Health Science and Nursing, Martin-Luther-Universität

Halle-Wittenberg: Halle, Sachsen-Anhalt, DE

ORCID ID <a href="https://orcid.org/0000-0002-2995-8357">https://orcid.org/0000-0002-2995-8357</a>

Researchgate <a href="https://www.researchgate.net/profile/Petrit-Beqiri">https://www.researchgate.net/profile/Petrit-Beqiri</a>

Homepage https://kolegji-heimerer.eu/

# **Educational Background**

#### **Graduate Education**

• 2011-2019

**Doctor rerum medicarum (Dr. rer. medic.)** – Health Sciences and Nursing *Martin Luther University Halle-Wittenberg, Germany* 

2000–2005

Master of Science (M.Sc.) in Nursing and Health Care

Faculty of Medicine, Institute of Health Sciences and Nursing, Martin Luther University

### **Undergraduate Education**

#### 1993–2000

#### Degree in Medicine (Physician)

Ludwig Maximilian University of Munich, Germany

# **Professional Background**

#### • 2010-Present

#### **Chief Executive Officer (CEO)**

College Heimerer, Pristina, Kosovo

Responsible for strategic leadership, academic program development, accreditation processes, partnership building, and institutional growth in higher education for health and social sciences.

#### • 2007-Present

#### **Founder and Director**

South-Eastern Europe Institute for Health and Social Politics, Pristina, Kosovo Led regional initiatives in healthcare reform, policy development, and capacity-building in nursing and health sciences across Southeast Europe.

#### • 2007-Present

#### **Health Policy Consultant**

Unabhängige Patientenberatung Deutschland (UPD), Germany

Provided consulting expertise on patient rights, healthcare access, and cross-border health issues, particularly for the Albanian-speaking population.

#### 2006–2016

#### Lecturer

Faculty of Medicine, University of Pristina, Kosovo

Taught and supervised undergraduate and postgraduate students in health policy, nursing science, and clinical practice; contributed to curriculum modernization.

### • 2012-2016

## **Country Coordinator for Kosovo**

INSTEAP - TEMPUS Project, EU

Coordinated implementation of interdisciplinary reforms in nursing and healthcare higher education, enhancing innovative teaching practices and professional standards.

#### • 2011-2013

### Member, Legal Expert Committee

Ministry of Health, Kosovo

Contributed to the legal framework and strategic planning for establishing the Chamber of Health Professions in Kosovo.

## • 2012-2013

#### **External Consultant**

International Organization for Migration (IOM), Kosovo

Advised on the reintegration of health professionals and recognition of qualifications between Kosovo and EU countries.

## **Academic Roles & Teaching Engagements**

#### • Since 2005

#### **Research Assistant**

Martin Luther University Halle-Wittenberg, Germany

Supported interdisciplinary health science research and contributed to publications and data analysis.

#### Since 2006

#### **Research Assistant**

Medical Faculty, Institute of Health and Nursing Sciences, Germany
Engaged in collaborative projects and curriculum development related to advanced nursing practices.

#### • Since 2006

## **External Lecturer (Docent)**

Technical University of Munich, Germany

Delivered courses in healthcare management and interdisciplinary healthcare systems.

#### Since 2008

#### **External Lecturer (Docent)**

University of Applied Sciences, Munich, Germany

Taught modules in nursing education, patient care, and public health.

#### • Since 2006

## **External Lecturer (Docent)**

University of Pristina, Kosovo – Department of Nursing and Midwifery
Participated in the Brain Gain Project; helped bridge academic gaps between Kosovo and EU educational systems.

#### Since 2007

### **External Lecturer (Docent)**

Heimerer Academy, Munich, Germany

Delivered advanced nursing leadership, geriatric care, and e-health education.

#### Since 2007

#### **External Lecturer (Docent)**

Hans-Weinberger Akademie, Munich, Germany

Taught continuing education programs for nursing professionals and trainers.

## **Health Management and Policy Expertise**

#### Since 2000

### **Health Management Consultant**

Pro Comed, A-Plus, XoaMedia, UPD

Designed strategies for healthcare delivery, staff training, and digital innovation in patient services.

#### Since 2007

### **Project Leader**

Institute of Southeast Europe for Advancement in Health and Nursing
Directed cross-border collaborations in health policy and higher education, advocating for regional policy harmonization.

#### • Since 2010

#### CEO

European Center for Professional Education (Qeap Heimerer), Kosovo Oversaw vocational training programs and international accreditation for healthcare professions.

### Concept & Curriculum Developer

Led initiatives for the recognition of nursing qualifications from Albania and Kosovo in Germany.

Authored and improved nursing curricula for the Ministry of Education, Science and Technology (MEST), Ministry of Health (MoH), and IOM.

#### • Trainer and Lecturer

Delivered over 13 years of training experience in general and geriatric nursing for national and international audiences.

## **Leadership in International Projects**

### • DAAD (2005–2006):

Academic Reconstruction in South East Europe
Fostered intercollegiate cooperation in health and nursing education.

## • DAAD (2005–2006):

Strategic Framework for Master's Program in Nursing
Coordinated efforts to create a master-level curriculum network in Southeast Europe.

### • Robert Bosch Stiftung (2007):

Qualification of Change Agents
Advanced systems for health management and leadership training.

### • DAAD (2007-2008):

Establishment of Southeast Europe Institute for Health Advancement
Strengthened research and practice infrastructure at the University of Pristina.

## • DAAD (2008–2009):

*University Partnerships in Health and Nursing*Enhanced knowledge transfer and academic mobility in the region.

## Research Leadership and Applied Projects

## • WHO Project (2009):

Referral Mechanisms in Emergency Primary Health Care
Assessed gaps and improvements in emergency care protocols in Kosovo.

#### • WHO (2010):

Hand Hygiene in UCCK

Led research on hygiene compliance in Kosovo's main university hospital.

#### • FGATM (2010):

HIV Prevention and Sustainability – Ministry of Health Investigated organizational strategies for HIV prevention in vulnerable populations.

## • FGATM (2010–2011):

HIV Awareness among RAE Communities & Migrants
Conducted targeted research on sexual health practices and risk perception.

## • Solidar Suisse (2012):

Effects of Transitions on Workplace Safety in Nursing
Studied the impact of systemic transitions on nursing personnel in Kosovo.

## **Key Project Leadership and Research Initiatives**

## • Erasmus+ SocreProject (2016–2019):

Capacity building in nursing leadership and healthcare reform in Kosovo.

## • Support for Kosovo Health System (2017):

Partnered with AICS – Italian Embassy in Pristina for system strengthening.

## • Edu-Med Program:

Continuing education for healthcare providers in Kosovo.

## • Solidar Suisse / Kosana (2013–2016):

Implementation partner for workforce development and health promotion.

## • Tempus INSTEAD (2012–2016):

Reformation of higher education structures for emerging health professions.

## • DeveloPPP (2013–2016):

Curriculum development in community nursing and nutrition – in partnership with GIZ and LuxDev.

## • MEST Research (2013–2014):

Psychological impact studies on self-esteem, perfectionism, and academic stress.

#### • WHO HBSC Study (2013–2014):

Health behavior research in school-aged children in Kosovo.

#### • Health Insurance Scheme Study (2014):

Surveyed knowledge and preferences among health professionals.

## **Conferences Chaired**

#### Chairman

Symposium: For Health of New Ages

22–23 September 2017 – Prishtina, Kosovo

Led sessions on innovation in public health, aging populations, and integrated care systems.

#### Chairman

Symposium on Health and Nursing Education

6-8 October 2016 - Prishtina, Kosovo

Focused on advancing nursing education and leadership development in healthcare.

#### Chairman

Symposium on Health and Nursing Education

11–12 October 2015 – Prishtina, Kosovo

Chaired sessions and coordinated academic presentations on contemporary challenges in nursing.

#### Chairman

Conference: Contemporary Challenges of Diaspora in the Social-Health Sphere and the Need for a New Memorandum of Diaspora-Homeland

July 2011 – Prishtina, Kosovo

Brought together diaspora professionals to discuss health and social policy collaboration.

#### Chairman

Conference: Challenge of Involvement of Expertise in Health Policymaking (National and International Overview)

May 2011 – Prishtina, Kosovo

Facilitated expert engagement and discussion on strengthening evidence-based health policy.

#### Chairman

Conference of Experts – Theme: Involvement of Expertise in Health Policymaking May 2011 – Prishtina, Kosovo

Organized national expert panels to promote transparency and efficiency in healthcare reforms.

#### Chairman

International Conference: How to Build the Chamber of Health Professions
November 2011 & September 2012 – Prishtina, Kosovo

Led dialogue on regulatory frameworks for health professions in Kosovo.

#### Chairman

Fourth International Symposium: Opportunities and Challenges of Networking with Professionals

31 October 2009 – Tirana, Albania (DAAD)

Strengthened regional cooperation between academic and professional networks.

#### Chairman

Third International Symposium: Nursing Role in Interdisciplinary Health Teams 11 October 2008 – Prishtina, Kosovo (DAAD)

Focused on defining the collaborative role of nurses in multidisciplinary care.

## • Chairman

Second International Symposium: Stable Changes in Nursing

22 September 2007 – Tirana, Albania (DAAD)

Explored reforms and innovations in nursing education and practice.

#### Chairman

First International Symposium: Academic Reconstruction in Southeastern Europe 10 November 2006 – Prishtina, Kosovo (DAAD)

Launched regional academic cooperation efforts following post-conflict reconstruction.

## **Conference Participation**

## Participant

International Forum on Safety and Quality in Healthcare
25–28 April 2017 – London, United Kingdom
Engaged with global experts on healthcare quality improvement and patier

Engaged with global experts on healthcare quality improvement and patient safety.

## Participant

134th Congress of the German Society for Surgery (DGCH)

21–24 March 2017 – ICM, Munich, Germany

Attended professional sessions on surgical innovation, interdisciplinary collaboration, and leadership in clinical care.

# **Experience in Research (Grants and Contracts)**

## **Research and Project Coordination**

#### • 2024-Present

Working Group Member – WG5: Dissemination and Impact Maximization
COST Action 21122 – PROmoting GeRiAtric Medicine IN countries where it is still
eMerGing (PROGRAMMING)

Responsible for strategic dissemination planning, stakeholder engagement, and maximizing visibility and societal impact of research outcomes across participating countries.

#### • 2016-2019

#### **Project Coordinator – SocreProject**

Erasmus+ Funded Project

Led the implementation of activities aimed at strengthening the social and healthcare sectors in Kosovo. Oversaw inter-university collaboration, curriculum development, and faculty training.

#### 2013–2016

## **Project Coordinator – DeveloPPP Project**

In cooperation with Heimerer Akademie, GIZ, and Lux Development Coordinated development and delivery of training programs in community nursing and nutrition. Contributed to curriculum design and quality assurance at the Center of Competence (CoC) in Ferizaj.

#### 2012–2016

#### **Project Coordinator – INSTEAP Project**

TEMPUS Program – Capacity Building in Higher Education

Directed interdisciplinary reform of higher education for emerging health professions in Southeast Europe. Focused on innovation in academic structures, teaching methods, and international collaboration.

## 2007–2008

### **Project Coordinator – DAAD-Funded Nursing Education Reform**

Southeast Europe Initiative

Managed intercollegiate cooperation between German and Southeast European universities to enhance nursing education standards, promote academic mobility, and strengthen faculty development.

# **Activities as Supervisor**

## **Supervision of Theses and Research Projects**

Prof. Ass. Dr. Petrit Beqiri has actively supervised and monitored a range of undergraduate and postgraduate theses at "Kolegji Heimerer" in Pristina during the academic years 2021, 2022, and 2024. His supervisory involvement spans across programs in Bachelor of Science in Nursing, Master of Science in Management of Health Institutions and Services, and Advanced Nursing Practice (ANP). The following is a selection of completed and ongoing theses under his guidance:

## Bachelor of Science in Nursing - Class of 2021

- Bajraktari, Q. The Impact of COVID-19 on the Mental Health of Nurses at the Regional Hospital of Gjakova – Graduated
- Miftari, A. The Status of Nurses During the Current COVID-19 Pandemic in the Municipality of Mitrovica – Graduated
- Hasani, M. Communication Level and Patient Satisfaction in Nursing Services at the Regional Hospital of Gjilan – Graduated
- Salihu, V. Nurses' Perceptions Regarding the Delivery of Bad News to Patients Graduated
- Bugari, S. Patient Knowledge and Satisfaction with Nursing Services at the Radiotherapy Center During the COVID-19 Period in Prizren Municipality – Graduated
- Hajzeraj, F. Mental Health of Nurses During COVID-19 in Pristina Graduated

## Bachelor of Science in Nursing - Class of 2022

- Alidema, D. Nurses' Knowledge on Patient Safety in Primary Health Care at Family Medicine Centers in Kosovo – Graduated
- Ibrahimi, E. Patient Attitudes Toward Nursing Care During COVID-19 in Viti Graduated

 Pllana, M. Effects of Night Shifts on Sleep Quality and Depression Symptoms Among Nurses at Vushtrri Hospital – Graduated

### Master of Science in Management of Health Institutions and Services – Class of 2024

- Zejnullahu, G. Evaluation of the Effectiveness of COVID-19 Training for Healthcare Workers – Graduated
- Cahani, K. Strategies for the Integration of Newly Graduated Nurses into Healthcare Institutions – Graduated

## Master of Science in Advanced Nursing Practice (ANP) - Class of 2024

- Nimani, E. Perceptions of Barriers and Opportunities for the Integration of Advanced Practice Nurses (ANP) in Kosovo – In progress
- Ismajli, A. Integration of the Advanced Nursing Role (ANP) in Elderly Care In progress

In addition to the abovementioned theses, Prof. Ass. Dr. Beqiri has supervised numerous Master of Science projects in the fields of nursing practice, healthcare management, and digital health services at College Heimerer, contributing significantly to the academic and professional development of future health professionals.

# **Teaching Activities**

• 2024-Present

## **Lecturer – Healthcare Management and Leadership**

Master's Program in Nursing, College Heimerer, Pristina, Kosovo Responsible for delivering advanced lectures and seminars on strategic healthcare management, leadership theories, organizational behavior, and policy implementation in nursing practice.

• 2010-Present

## **Lecturer – Health Policy and Nursing Leadership**

Bachelor's Program in Nursing, College Heimerer, Pristina, Kosovo Teaches undergraduate courses on healthcare systems, nursing governance, leadership competencies, and public health policy, with a focus on bridging theoretical knowledge and practical skills.

# **International Academic Mobilities**

• 2019 – Carinthia University of Applied Sciences, Austria
Participated in an academic exchange, where Prof. Dr. Beqiri delivered specialized

lectures and seminars in healthcare education. Engaged in pedagogical exchange with faculty and students, focusing on strengthening teaching methodologies and enhancing practice-based learning in nursing programs.

- 7–13 November 2021 Martin Luther University Halle-Wittenberg, Germany
  As part of the SIAHDPC (Student-run Interdisciplinary Allied Health Digital Practice
  Center) initiative, led workshops on e-health service design and collaborated with
  multidisciplinary teams to integrate digital solutions in healthcare education. Emphasis
  was placed on digital innovation in allied health training.
- 24 April 1 May 2022 JAMK University of Applied Sciences, Finland
   Took part in Erasmus+ mobility under the Carpe Diem curriculum development
   workshops. Worked with international partners on refining digital practice frameworks,
   emphasizing the integration of e-health tools and interdisciplinary teaching models in
   healthcare education.

### • 2025 – Thomas More University, Belgium

Participated in the International Week, contributing to sessions on curriculum design, innovative teaching strategies, and interdisciplinary collaboration. Focused on global academic networking and shared development in nursing and healthcare education.

#### • 2025 – University of Malta, Malta

Conducted lectures at the Faculty of Nursing and led academic discussions on contemporary practices in nursing. The mobility aimed to strengthen professional competence, foster cross-border knowledge exchange, and promote excellence in international nursing education.

# **Steering Committees**

#### Advisory Board Member

Student-run Multidisciplinary Allied Health Practice Centre (SMAHPC)
Provides strategic guidance and academic oversight to support the development of interdisciplinary training models in allied health education.

#### • Member

Internationale Graduiertenakademie (InGrA), Martin Luther University Halle-Wittenberg Participates in the advancement of graduate education and international academic exchange programs.

#### Deputy Director of Research Council

South-Eastern Europe Institute for Health and Nursing
Oversees research development, international collaboration, and scholarly output within the institute's mission for regional healthcare advancement.

# Fellowship/Memberships

- External Expert, Ministry of Health, Republic of Kosovo
   Advises on national healthcare strategies, policy reforms, and capacity-building in professional health education.
- Member, European Health Management Association (EHMA)
   Engages with a network of European health leaders, contributing to dialogue and research on health system improvement and management innovation.

# Scientific Expert Panel

Scientific Expert Panel Member
 International Conference on Health Sciences
 Contributed to the academic review, session moderation, and scientific evaluation of research presentations in the field of health sciences.

## **Publications**

Peer-Reviewed Journal Articles:

- Brajshori, N., Beqiri, P., Hajrullahu, V., Ajeti, A., Ismajli, A., Behrami, A., Zenelaj, D., Zeka, K., Cahani, K. (2024). Recognizing Attitudes and Expectations about the Role of Advanced Nurses (ANPs) in Kosovo's Healthcare System. E3S Web of Conferences, 258, 06003. <a href="https://doi.org/10.1051/e3sconf/202458506003">https://doi.org/10.1051/e3sconf/202458506003</a>
- Bojaj, G., Tahirbegolli, B., Beqiri, P., Alloqi Tahirbegolli, I., Van Poel, E., Willems, S., Rizanaj, N., Hoxha, I. (2023). Health Service Management and Patient Safety in Primary Care during the COVID-19 Pandemic in Kosovo. International Journal of Environmental Research and Public Health, 20(4), 3768. https://doi.org/10.3390/ijerph20043768
- Hoxha, I., Lama, A., Bunjaku, G., Grezda, K., Agahi, R., Beqiri, P., Goodman, D.C. (2022). Office Hours and Caesarean Section: Systematic Review and Meta-analysis. Research in Health Services & Regions, 1(1), 100002.
   <a href="https://doi.org/10.1007/s43999-022-00002-6">https://doi.org/10.1007/s43999-022-00002-6</a>
- Steenblock, C., Schwarz, P.E.H., Perakakis, N., Brajshori, N., Beqiri, P., Bornstein, S.R. (2022). The Interface of COVID-19, Diabetes, and Depression. Discover Mental Health,

- 2, Article 7. https://doi.org/10.1007/s44192-022-00007-0
- Hoxha, I., Agahi, R., Bimbashi, A., Aliu, M., Raka, L., Bajraktari, I., Beqiri, P., Adams, L.V. (2022). Higher COVID-19 Vaccination Rates Are Associated with Lower COVID-19 Mortality: A Global Analysis. Vaccines, 11(1), 74. <a href="https://doi.org/10.3390/vaccines11010074">https://doi.org/10.3390/vaccines11010074</a>
- Murataj, N., Syla, B., Krasniqi, Y., Bahtiri, S., Bekaj, D., Beqiri, P., Hoxha, I.S. (2022). Migration Intent of Health Care Workers during the COVID-19 Pandemic in Kosovo. International Journal of Environmental Research and Public Health, 19(17), 11122. <a href="https://doi.org/10.3390/ijerph191711122">https://doi.org/10.3390/ijerph191711122</a>
- Steenblock, C., Hassanein, M., Khan, E.G., Yaman, M., Kamel, M., Barbir, M., Lorke, D.E., Rock, J.A., Everett, D., Bejtullah, S., Heimerer, A., Tahirukaj, E., Beqiri, P., Bornstein, S.R. (2022). Diabetes and COVID-19: Short- and Long-Term Consequences. Hormone and Metabolic Research, 54(8), 479–489. https://doi.org/10.1055/a-1878-9566
- Beqiri, P., Brajshori, N., Krasniqi, A., Bajraktari, I., Aliu, M., Ismajli, A. (2022). Addressing Challenges in Kosovo's Healthcare System: Strategic Approaches in Human Resources Management. Frontiers in Public Health, 10, Article 984563. <a href="https://doi.org/10.3389/fpubh.2022.984563">https://doi.org/10.3389/fpubh.2022.984563</a>
- Beqiri, P., Krasniqi, A., Ismajli, A., Aliu, M., Brajshori, N. (2022). Strengthening Patient Safety Culture in Kosovo: A Cross-Sectional Study in Primary Healthcare Institutions. Healthcare, 10(12), 2492. https://doi.org/10.3390/healthcare10122492
- Macht, L., Worlitzsch, D., Braijoshri, N., Bequiri, P., Zudock, J., Zilezinski, M., Stoevesandt, D., Smith, J., & Hofstetter, S. (2022). COVID-19: Development and implementation of a video-conference-based educational concept to improve the hygiene skills of health and nursing professionals in the Republic of Kosovo. Gesundheitswesen, 84(9), 724-730. https://doi.org/10.3205/dgkh000412

### Non Peer-Reviewed Journal Articles:

- Beqiri, P., Brajshori, N., et al. (2019) Nurses: A voice to lead, health for all, Geneva, Switzerland.
- (authorized by ICN to be translated and adopted in albanian version).
- Beqiri, P., Brajshori N., et al. (2018) Nurses: A voice to lead, Health is a human right.
   International
- Council of Nurses. Geneva, Switzerland. (authorized by ICN to be translated and adopted in albanian
- version).
- Beqiri, P., Brajshori N., et al. (2017) Nurses: A voice to lead, achieving the sustainable development

• goals. International Council of Nurses, Geneva, Switzerland. (authorized by ICN to be translated and adopted in albanian version).

## **Book Chapter**

 Beqiri, P., & Kretschmer, J. (2019). Gesundheitsladen München – Eine kommunale Patientenberatungsstelle. In P. Beqiri & J. Kretschmer (Eds.), Malhalla: Gesundheit für uns alle! Gleichberechtigter Zugang zu Gesundheitsressourcen und Teilhabe: Gelingende Beispiele aus der Praxis (pp. 21–23). Gesundheitsladen München.

## **Key Notes at National and International Conferences**

#### 2024

**Keynote Speaker** – International Conference on Environmental Design and Health (ICED2024)

Presented innovative approaches linking healthcare infrastructure design with patient-centered care and professional well-being.

#### 2017

**Invited Speaker** – *International Forum on Safety and Quality in Healthcare*, London, United Kingdom

Contributed expert insights on leadership in nursing and patient safety strategies during global health crises.

#### 2016

**Keynote Lecturer** – *International Symposium on Nursing Education*, Maribor, Slovenia Delivered a keynote address on the integration of advanced nursing practice and leadership competencies in European curricula.

## Languages

• Albanian: Native

• **German:** C2 – Proficient

English: B2 – Upper Intermediate
Serbo-Croatian: B1 – Intermediate

## **Digital Skills**

- Proficient in Google Workspace (Docs, Sheets, Slides, Drive)
- Advanced user of Microsoft Office Suite (Word, Excel, PowerPoint, Outlook)

## **Other Skills**

## **Additional Academic Roles**

#### Lecturer

HeimererSchulen, AWO, FH München, Martin Luther University
Delivered lectures and seminars across various institutions in nursing science, healthcare management, and professional ethics.

#### • Research Assistant

Martin Luther University Halle-Wittenberg, Germany Engaged in interdisciplinary health research, academic writing, and project support within the Institute of Health Sciences and Nursing.

## • External Lecturer (Docent)

University of Applied Sciences, Munich, Germany
Taught undergraduate and continuing education courses in nursing, public health, and healthcare systems.