

## PERSONAL INFORMATION

**Grietje Maria van Dijk- Jaspers Focks (Margarita)** Mic Sokoli 25, Prishtina, Kosovo 00383-45-292445 [margarita.vandijk@kolegji-heimerer.eu](mailto:margarita.vandijk@kolegji-heimerer.eu) [Linkedin.com/in/margrietvandijkjaspersfocks](https://www.linkedin.com/in/margrietvandijkjaspersfocks)

Sex Female | Date of birth 08/05/1984 | Nationality Dutch

## CURRENT WORKING PLACE

**Kolegji- Heimerer, Faculty in Pristina**

Teaching at Occupational therapy education and setting up physiotherapy education

**Function: teacher and currently head of education occupational therapy**

October 2015- now

**Care for Kosovo Kids**

NGO for the children with cancer in Kosovo

**Function: Member of the board**

April 2015- now

**Prishtina Highschool****Function: Secondary teacher Science and Social studies**

December 2020- now

## WORK EXPERIENCE

**Ordinance 'Fizioterapi ADA'**

Clinic for physiotherapy in Pristina

**Function: physiotherapist for patients and setting up group sessions**

September 2016- April 2018

**Rezonanca, Faculty in Pristina**

Teaching at physiotherapy education

**Function: teacher**

April 2015- September 2017

**'Isa Grezda' Gjakove spital**

Training for physiotherapists in Gjakova hospital

**Function: trainer for both theory and practice for physiotherapy skills**

January 2014- June 2015

**Klinika e Teuta Serhati**

Clinic for physiotherapy in Gjakova

**Function: physiotherapist for patients and setting up group sessions**

September 2013- June 2015

**Gjakova**

Volunteer work for treating patients for physiotherapy and manual therapy

**Function: physiotherapist and setting up a weight losing program**

September 2013-June 2015

**Dutch NGO in Gjakova**

Writing and implementing project for people in need

Training and coaching for young people and students

Start: September 2012

Praktijk Fysiotherapie Liendertseweg  
Clinic for physiotherapy in Amersfoort, Holland  
February 2010- July 2012  
**Function: physiotherapist and manual therapist**

Frida Kennis  
Clinic for physiotherapy in Amersfoort, Holland  
October 2009- July 2012  
**Function: physiotherapist in individual and group therapy (patients with long and heart diseases)**

Fysiotherapiepraktijk v/d Berg en fysiosport  
Physiosport and clinic for physiotherapy in Alphen aan den Rijn, Holland  
October 2006- February 2008  
**Function: physiotherapist in both physiosport and clinic**

Health Center 'Visser'  
Clinic for physiotherapy in Leiden, Holland  
July 2005- February 2008  
**Function: physiotherapist and group instructor**

Fitness Kuipers in Alphen aan den Rijn, Holland  
2003- 2007  
**Function: fitness instructor and head of sport tests**

Elderly home 'Bosch en Duin'  
July 2006- August 2006 in Scheveningen, Holland  
**Function: physiotherapist**

Medic-more Home Care  
2003-2004 region South Holland, Holland  
**Function: Medical Home Care**

Icare thuiszorg Elburg Home Care  
August 2008- July 2009  
**Function: Medical Home Care**

## EDUCATION AND TRAINING

APSI institute  
**AP Psychology training**  
Certificate: June 2024

Moreland University  
**Teacher Certificate**  
Start: September 2021  
Diploma: October 2022

SOMT  
**Master 'Manual Therapy' in Amersfoort (Holland)**  
Start: September 2009  
Diploma: July 2012

Vrije Universiteit (VU- Free University)  
**Master of Sciences 'Human Movement Sciences' in Amsterdam**  
Start: September 2006  
Diploma: September 2008

## INTERNSHIP AND RESEARCH

Hogeschool Leiden  
**Bachelor 'Physiotherapy' in Leiden (Holland)**  
Start: September 2002  
Diploma: July 2006

ETF Leuven  
**Master of Arts 'Theology' in Leuven**  
Start: September 2008  
Diploma: October 2015

Unesp, Universiteit Rio Claro, Brazil  
Research for body balance in children with Cerebral Palsy  
February 2008- August 2008 in Brazil  
**Function: Scientific researcher**

CRP- Rehabilitation centre and hospital  
September 2005- January 2006 in Bangladesh  
**Function: physiotherapist**

Health center 'Visser'  
Clinic for physiotherapy in Leiden  
January 2005 - July 2005  
**Function: physiotherapist**

## PERSONAL SKILLS

Mother tongue(s)

Dutch

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2
	Replace with name of language certificate. Enter level if known.				
Albanian	C1	C1	C1	C1	B2



Replace with name of language certificate. Enter level if known.

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user  
Common European Framework of Reference for Languages

Job-related skills Coaching

Driving licence B

#### ADDITIONAL INFORMATION

Publications Perception—action and adaptation in postural control of children and adolescents with cerebral palsy Journal of Developmental Disabilities August 21, 2011 (LinkedIn/in/margrietvandijkjaspersfocks)

Courses 'Mulligan A+B+C' Peter van Dalen and René Claassen  
(<http://www.mulliganconcept.nl/49/mulligan-concept-ab>)

'Medical Taping' Jelle de Moor  
(<http://www.fysiotape.nl/Medical-Taping-voor-fysiotherapeuten>)

Group exercises: general and specific for heart patients- Transfergroep Rotterdam  
(<http://www.transfergroep.nl/nl/Opleidingen/Gezondheidszorg/Beweegprogramma-coronaire-hartziekte-en-hartfalen/>)

Triggerpoints 'treatment points' Ed Wilson  
(<http://www.mulliganconcept.nl/52/trigger-points>)

'Diagnosis of mechanical dysfunction and stability retraining of the hip and lower leg'  
M. Comerford

Coaching- Xpand by Janny Budding  
([http://www.xpand.eu/nl/young-generation/loiprogramma/?no\\_cache=1&sword\\_list\[\]=loi](http://www.xpand.eu/nl/young-generation/loiprogramma/?no_cache=1&sword_list[]=loi))

Reanimation (general and fire instruction)  
(<http://www.lerentereanimeren.nl/>)

*Margriet  
Focks*