



# **Adelina Lahu**

Date of birth: 18/08/1991 | Nationality: Albanian | Gender: Female |

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# **ABOUT ME**

Professional, Collaborative, Determined.

### EDUCATION AND TRAINING

10/2021 - CURRENT Novo Mesto, Slovenia

PHD CANDIDATE University of Novo Mesto - Faculty of Health Sciences

Website https://uni-nm.si/en/

01/10/2017 - 24/06/2020 Pristina, Kosovo

MS - HEALTH CARE EDUCATION University of Pristina - Faculty of Medicine

Website https://mjekesia.uni-pr.edu/ Final grade9.7 Level in EQFEQF level 7 Number of credits120

10/2011 - 17/11/2014 Pristina, Kosovo

BS - GENERAL NURSING University of Pristina - Faculty of Medicine

Website https://mjekesia.uni-pr.edu/ Final grade9.4 Level in EQFEQF level 6 Number of credits180

06/06/2019 Pristina, Kosovo

**SCRUB NURSE** University Clinical Center of Kosovo

Website https://shskuk.rks-gov.net/

19/03/2019 - 20/03/2019 Istanbul, Türkiye

SURGICAL NURSING SOLUTIONS, WORKSHOP - ISTANBUL Medtronic

11/08/2015 - 10/12/2015 Zurich, Switzerland

4-MONTH INTERNSHIP FOR NURSES Pflegezentrum Mattenhof, Zurich (Switzerland)

# WORK EXPERIENCE

10/2020 - CURRENT Pristina

# TEACHING ASSISTANT IN UNIVERSITIES AMEEC REZONANCA

- Practical exercises, module: Nursing care for surgical patients
- Practical exercises, module: Nursing in the intensive care unit

17/04/2017 - CURRENT Pristina, Kosovo

SCRUB NURSE UNIVERSITY CLINICAL CENTER OF KOSOVO

27/01/2020 - CURRENT Pristina, Kosovo

PRESIDENT SCRUB NURSES ASSOCIATION OF KOSOVO

01/09/2016 - 31/03/2017 Pristina, Kosovo

**NURSE SIRONA HOSPITAL** 

#### DIGITAL SKILLS

Microsoft Office package: Microsoft Word, Excel, PowerPoint, Access | IBM Statistical package for Sciences (SPSS) | Meetingplattformen (Zoom, Teams, Skype)

#### LANGUAGE SKILLS

Mother tongue(s): **ALBANIAN** 

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH B2		B2	B2	B2	B2
<b>GERMAN</b> B2		B2	B2	B2	B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

# ADDITIONAL INFORMATION

#### MANAGEMENT AND LEADERSHIP SKILLS

President and Founder of the Scrub Nurses Association of Kosovo

#### **PUBLICATIONS**

The experiences of nursing students for their mentoring in Clinical Practice in Kosovo - 2022

Authors: Gashi H., Surdulli Sh., Hasani F., Podvorica E., Sejdiu B., Lahu A. and Makolli Sh.

HERALD, Journal of practical and professional nursing 6:035

# **CONFERENCES AND SEMINARS**

30/09/2023 - Pristina

2 nd International Conference of Perioperative Nurses "Advanced Perioperative Practices" Title: "Cell Saver-Reducing Transfusions and Improving Patients Outcomess"

Authors: Adelina Lahu Msc. PhDc., Hasan Gashi Msc. PhDc., Kaltrina Azizi Msc. PhDc., Antigona Tahiri Bsc.

30/09/2023 - Pristina

2nd International Conference of Perioperative Nurses "Advanced Perioperative Practices" Title: "The Role of Nurses in Contemporary Wound Treatment"

Authors: Laura Leci Tahiri MD. Msc.PhD., Adelina Lahu Msc. PhDC

26/11/2022 - Pristina

1st International Conference of Perioperative Nurses "Exploring Innovations and new methods in surgical nursing Education", Title: "Surgical Site Infections"

Authors: Zahir Uka Bsc., Adelina Lahu Msc. PhDc

14/09/2016 - 16/09/2016 - Pristina

20TH IAAH EUROPEAN CONGRESS "SOCIAL MEDIA AND ADOLESCENT HEALTH" Title: SOCIAL MEDIA - the case of Medical Students, Poster Presentation

Authors: Krasniqi J., Lahu A., Muja D.

08/05/2015 - 10/05/2015 - Pristina

KISCOMS 5 - International Congress of Medical Sciences Title: Nursing Care in patients with Diabetic

Authors: Hyseni I., Lahu A., Sadiku F., Musliu-Mahmuti L., Mahmuti B.

08/05/2015 - 10/05/2015 - Pristina

KISCOMS 5 - International Congress of Medical Sciences Title: Nursing Care in patients with Dermatitis Alergica

Authors: Lahu A., Hyseni I., Sadiku F., Rushiti A., Mahmuti B.

#### **ORGANISATIONAL SKILLS**

Founder of 1st International Conference of Perioperative Nurses "Exploring Innovations and new methods in surgical nursing Education" 26 November 2022

Organizer of 2nd International Conference of Perioerpative Nurses "Advanced Perioperative Practices", 30 September 2023

President of the Nursing Generation University of Pristina - Faculty of Medicine

Organizational Council Member, KISCOMS IV, V, Nurse Day, Dentist Day

- Played a key role in organizing and coordinating major international medical events.
- Contributed to the success of events focused on nursing, dentistry, and medical sciences.

#### **NETWORKS AND MEMBERSHIPS**

14/06/2020 - 14/06/2022 Pristina

Vice President of the Youth Council Union of Nurses, Midwives and Other Health Professionals

2012 - 2014 Pristina

Membership in National and International Medical Students Organizations

- Engaged with organizations such as EMSA and KISCOMS, contributing to the international medical community.
- Fostered collaboration and knowledge exchange on a global scale.

#### **PROJECTS**

**2020 - CURRENT** 

Program for continuing professional education for scrub nurses

#### **DRIVING LICENCE**

**Driving Licence:**B

# **HOBBIES AND INTERESTS**

Reading, Writing, Hiking, Dancing, Traveling...

# **COMMUNICATION AND INTERPERSONAL SKILLS**

**Organizational Skills** 

- Leadership: Proven ability to lead and represent diverse groups, fostering collaboration.
- Organizational Skills: Successfully organized and coordinated major international events.
- · Advocacy: Active involvement in organizations dedicated to the protection of nursing rights.
- Communication: Effectively communicated with various stakeholders, both locally and internationally.

Malin